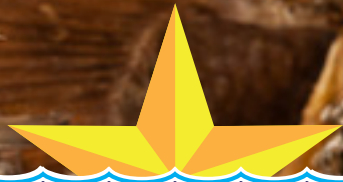


Stockfish

Whole / Steaks / Bits

SEA STAR SEAFOODS
Family Tradition Since 1894



Sea Star Seafoods Ltd.

Box 220, 69 Courtney Street, Clark's Harbour, Nova Scotia, Canada, B0W 1P0 | Phone 1.902.745.2925 | Fax 1.902.745.2129 | www.seastarseafoods.com

Stockfish also referred to as stoccafisso in most Italian dialects.

Approximately 80% of the moisture is removed from the fish giving it a shelf life of several years. The fish maintains all of its nutrients that it had in the fresh form only more concentrated; making it rich in proteins, vitamins, iron and calcium. Stockfish is popular in the Italian and African neighborhoods throughout North America. We offer whole stockfish as well as steaks, bone in and boneless bits.



FAO: 21, 27, 61 & 67

Bulk

Stockfish Whole (Bale)	99.2 lbs (45kg)
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Retail

Boneless Stockfish Bits (Bags)	18 x 8 oz. (340 g)
Bone In Stockfish Bits (Bags)	18 x 12 oz. or 10 oz. (340 g or 283 g)
Stockfish Steaks (Bags)	18 x 12 oz. (340 g)

Nutrition Facts

Serving size: 56g
Amount per serving

Calories	340%
Total Fat	0.5g
Saturated Fat	0g
Cholesterol	25mg
Sodium	0.8%
Protein	15g
Vitamin A	2%
Vitamin C	0%
Calcium	2.3%
Iron	4%

