

# Pacific Cod

*Gadus Macrocephalus*



**SEA STAR SEAFOODS**  
*Family Tradition Since 1894*



Sea Star Seafoods Ltd.

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Also commonly referred to as “Bacalhau”, “Bacalao” or “Baccala” is the most famous of the white fish. This fish is harvested in the icy waters of the North Pacific where it is frozen on board immediately, ensuring the highest quality. It is then put through our production facility to match each customer’s specifications on size and dryness.



## Bulk

Boned Cod Fillets Jumbo	40 lbs. (18.14 kg)
Boned Cod Fillets Extra Large	40 lbs. (18.14 kg)
Boned Cod Fillets Large	40 lbs. (18.14 kg)
Boned Cod Fillets Medium	40 lbs. (18.14 kg)

## Retail

Boned Cod Fillets (Bag)	24 x 1 lb (454 g)
Boned Cod Fillets (Wood)	12 x 1 lb (454 g)

## Nutrition Facts

Serving size: 55g flakes  
Amount per serving

Calories	50
Total Fat	0.5g
Saturated Fat	0g
Cholesterol	30mg
Sodium	4870mg
Protein	12g
Vitamin A	0%
Vitamin C	2%
Calcium	2%
Iron	2%

